

## Bog Meadow Trail Letterbox

A wet destination where you stay dry

**\* Note: Directions are from the Stony Brook Road entry (not Route 29 or Meadow Brook Road). This is a new “spur trail” to Bog Meadow Trail.**

### **Directions to Bog Meadow Brook Nature Trail and Meadowbrook Nature Preserve, Saratoga Springs, NY**

- From I-87 North and South, take Exit 14, (Route 9P / Union Ave). – Head away from Saratoga Springs (that is, if you are coming from the South, take a right onto 9P or if you are coming from the North, take a left onto 9P).
- Make left on Meadowbrook Road across from Saratoga National Golf Club.
- Go about 2 miles, make left on Oak Brook Boulevard (entrance to Meadowbrook subdivision);
- At Stop sign, make a right onto Saddle Brook Road.
- At Stop sign, make a right onto Stony Brook Road.
- Go straight on Stony Brook until the road makes a 90 degree turn to the left. Proceed up about 100 yards look for the Bob Meadow Trail sign. Park along side of road.

#### Letterbox Clues:

Park in front of the Bog Meadow Nature Trail sign. There will be a red fire hydrant to your right. Parking is coming soon, but for now roadside parking is fine.

Just to the north (left) of the Bog Meadow sign is the trail entrance. Follow the trail and the white markers and eventually you will descend down a hill. You will see railroad timbers from the original trolley line that ran through Bog Meadow holding used to control erosion.

You will soon come across a board walk through a swamp. The letterbox is not underneath this boardwalk! At the end of this spur trail there is a railroad timber upright with a sign for Meadowbrook Road being .4 miles to the right. Take this right to head towards Meadowbrook Road. You will go about .3 miles heading southeast when you start to see cattails and wetland plants. This is often called bear swamp. Go to the open swamp area and watch out for the speed bumps along the way (the old railroad ties)!

Once you are on the boardwalk, walk all the way to the benches and take a rest. Stand at the northern most bench on the southwest end of that bench. If you have a compass look to 280 degrees west, or just look west and you will see a little pier that sticks out of the boardwalk. Walk to that pier on the very left side of that pier.

When you are there you need to lie down and look under the pier. Prepare for a stretch!  
All the way to the left is what you have been looking for. Did you get wet?